

Differences in the Stimulus Properties of Barbitol and Hallucinogens¹

IRA D. HIRSCHHORN² AND J. C. WINTER

Department of Pharmacology and Therapeutics, School of Medicine
State University of New York, Buffalo, New York 14214

(Received 8 May 1974)

HIRSCHHORN, I. D. AND J. C. WINTER. *Differences in the stimulus properties of barbitol and hallucinogens.* PHARMAC. BIOCHEM. BEHAV. 3(3) 343-347, 1975. — The present investigation sought to determine whether drugs which produce markedly different perceptual effects in man, barbitol and mescaline or LSD produce different stimuli in rats. In a standard 2 lever operant test chamber, rats received sweetened milk for correct responses according to a variable interval schedule. All sessions were preceded by 1 of 2 treatments; following Treatment A, only responses on Lever A were reinforced and, in a similar fashion, Lever B was correct following Treatment B. No responses were reinforced during the first 5 min of a daily 30 min session. It was found that barbitol can serve as a discriminative stimulus when this drug is paired with saline. Previously, we had demonstrated that mescaline or LSD can serve as discriminative stimuli. When barbitol was administered to animals trained to discriminate mescaline or LSD and saline, they made either random responses or responses appropriate to saline treatment. This observation suggests that the stimulus properties of barbitol are different from those of the hallucinogens. A subsequent demonstration of discriminated responding when barbitol and mescaline or LSD were paired as discriminative stimuli supports this conclusion. The present results extend previous findings which suggest that the degree of similarity or difference of drug stimuli in rats is congruent with the degree of similarity or difference of perceptual drug effects in man.

Discriminative stimulus
Sedative-hypnotics

Hallucinogens

Mescaline

Lysergic acid diethylamide (LSD)

Barbitol

MANY drugs have among their most prominent actions, effects which are perceptual or sensory in nature. The hallucinogens are a prime example of this kind of drug. Hallucinogens have been defined [2] as drugs "which will consistently produce changes in thought, perception, and mood, occurring alone, or in concert, without causing major disturbances of the autonomic nervous system or other serious disability." Alterations in thought, perception, and mood are readily studied in man but selection of relevant variables in nonverbal species is a matter of controversy. For this reason, a wide variety of variables have been utilized, ranging from unconditioned behavior such as web building in spiders [12] to conditioned behavior [10], but none of these has received widespread acceptance. However, the observation that drugs can serve as controlling or discriminative stimuli in animals [1,8] indicates that these agents produce effects which animals can distinguish from the nondrug condition. The discriminative stimulus effect of drugs seems a more appropriate behavioral variable for studying perceptual drug effects than others heretofore employed. There is evidence which suggests that drugs which produce similar perceptual effects in man produce

similar effects in animals. For example, we have previously reported [6] that either mescaline or lysergic acid diethylamide (LSD), which produce similar clinical syndromes, can function as a discriminative stimulus in the rat when either drug state is paired with the injection of saline. However, when mescaline and LSD were paired as discriminative stimuli in the same animals, no discriminated responding occurred. The present investigation was undertaken to further explore the validity of the drug discrimination model as an animal analogue of perceptual drug effects in man. Specifically, we sought to determine whether drugs which produce markedly different perceptual effects in man, barbitol and mescaline or LSD, produce different stimuli in rats. This was tested in stimulus generalization experiments and in experiments which paired as discriminative stimuli, barbitol with mescaline and barbitol with LSD.

METHOD

Animals and Apparatus

The animals were CFN strain female rats obtained from Carworth Farms, New City, N.Y. They were maintained at

¹ Supported in part by Graduate Training Grant 2-TOI-GM 00107 from the Division of Medical Sciences, National Institutes of Mental Health and in part by grant MH 15406 from the National Institute of Mental Health.

² Present address: Department of Pharmacology, New York Medical College, Valhalla, New York 10595.

80 percent of their expected free feeding weight, as determined from the supplier's growth chart, by adjusted feedings after each experimental session. Water was freely available in individual home cages. The equipment used was a standard operant test chamber (Lehigh Valley Electronics) with 2 levers on the same wall and a dipper for delivery of reinforcement centered between them. Sweetened condensed milk diluted 1:2 with water was the reinforcer. The discrimination training procedure has been previously described [6]. Prior to discrimination training, rats were trained to press each of the 2 levers. In 4 preliminary sessions of 20 min duration, each correct bar press was reinforced. Subsequent sessions were 30 min long with no responses being reinforced in the first 5 min and a variable interval 1 min schedule (VI-1) in effect for the final 25 min. All sessions were preceded by 1 of 2 treatments; following Treatment A, only responses on Lever A were reinforced and, in a similar fashion, Lever B was correct following Treatment B. In the 4 preliminary sessions, Treatments A and B were alternated on successive days; thereafter, 2 sessions of one treatment were followed by 2 sessions with the other treatment.

Procedure

Five groups of 4 rats each were used. The drug treatments for these various groups are presented in Table 1. The rats of Groups 3, 4 and 5 had no prior drug or behavioral experience. Groups 1 and 2 had been used in a previous study [6] in which they had been trained to discriminate mescaline and saline or LSD and saline, respectively. Because rats can distinguish the effects of two different doses of the same drug [8], it is essential when two different drugs are paired as discriminative stimuli, that their doses are equated. The doses of barbitol and mescaline used in Group 4, and barbitol and LSD in Group 5 are equivalent in terms of their ability to produce discriminated responding when paired with saline. These doses were obtained from dose-effect curves (see below).

Dose-effect curves for Groups 1, 2 and 3 were obtained after discrimination was established. The same animals continued to receive Treatments A and B. However,

approximately two-fifths of the sessions were preceded by the injection of a variable dose of mescaline in Group 1, LSD in Group 2 and barbitol in Group 3. Variable doses were administered in a mixed sequence. These sessions were of 5 min duration and were always preceded and followed by at least one training session. The procedure used to obtain stimulus generalization curves is essentially the same as that described for dose-effect functions. Instead of the injection of a variable dose of the training drug, various doses of a novel drug were given. Wilcoxon's signed-ranks test [4] was used to test the statistical significance of the differential responding after Treatments A and B. The level of significance selected was $p = 0.05$ (two-tailed test). Standard errors for dose-effect curves were estimated from the range of the mean values for each subject according to the method of Wilcoxon and Wilcox [11].

D-lysergic acid diethylamide tartrate (LSD) was obtained from the National Institute of Mental Health. Mescaline HC1 was purchased from Aldrich Chemical Company, Inc., Cedar Knolls, New Jersey. All drugs were dissolved in 0.9% sodium chloride and injected, IP, in a volume of 1 ml/kg of body weight. Doses of LSD and mescaline are expressed as $\mu\text{mol/kg}$ ($0.25 \mu\text{mol}$ LSD tartrate = $120 \mu\text{g}$; $40 \mu\text{mol}$ mescaline HC1 = 9.9 mg). Drugs were injected 5 min prior to the start of experimental sessions.

RESULTS

Figure 1a shows the results of stimulus generalization tests with barbitol in rats trained to discriminate mescaline and saline (Group 1). In the regular training session (see Methods) during these stimulus generalization tests, 65 percent of the total responses (in the unreinforced initial 5 min) following mescaline were on the mescaline-correct lever, while 37 percent of all responses following saline were on the mescaline-correct lever. Each of the four doses of barbitol tested resulted in approximately 50 percent mescaline-correct responses. It was not possible to test a higher dose of barbitol because 160 mg/kg produced acute effects, most notably salivation and ataxia; animals stopped responding within 10 min of injection. The results of stimulus generalization tests with barbitol in rats trained to dis-

TABLE 1
ASSIGNMENT OF DRUG TREATMENTS

Group	Number of Rats	Treatment*	
		A	B
1	4	Mescaline ($40 \mu\text{mol}$)	Saline
2	4	LSD ($0.06 \mu\text{mol}$)	Saline
3	4	Barbitol (80 mg)	Saline
4	4	Barbitol (80 mg)	Mescaline ($40 \mu\text{mol}$)
5	4	Barbitol (80 mg)	LSD ($0.06 \mu\text{mol}$)

*All doses per kg body weight

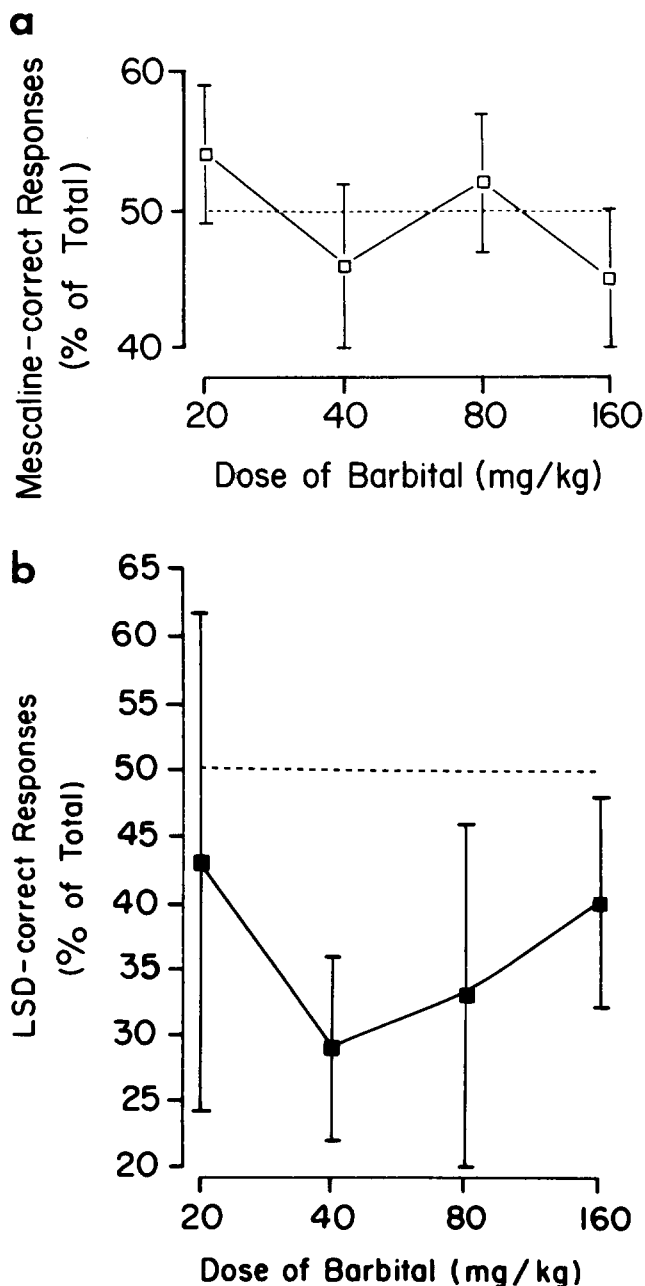


FIG. 1. Generalization of discriminated responding after the injection of mescaline and saline (a) or LSD and saline (b) to barbitol. After animals learned to discriminate mescaline from saline or LSD from saline, 5 min test sessions in which no responses were reinforced, were interposed among discrimination training sessions. Various doses of barbitol were administered in test sessions. Each point is the mean of 3 determinations in each of 4 animals. Ordinate: number of responses on mescaline-or LSD-correct lever expressed as a percentage of total responses. Abscissa: dose of barbitol in mg/kg plotted on a log scale. Vertical lines indicate \pm S. E. M.

criminate LSD and saline (Group 2) are shown in Fig. 1b. A high degree of discrimination was maintained during the regular training session; 78 percent of the total responses following LSD were on the LSD-correct lever and 25 percent of the responses after saline were on the LSD-correct lever. All doses of barbitol tested produced responding

appropriate for saline treatment. The data of Figs. 1a and 1b suggest that the stimulus effects of barbitol differ from the stimulus effects of mescaline and LSD. A demonstration of discriminated responding when barbitol and mescaline or LSD are paired as discriminative stimuli would provide further support for this conclusion.

Figure 2a shows that barbitol can serve as a discriminative stimulus when this drug is paired with saline (Group 3). In Session Block 6, the dose of barbitol was increased in order to increase the degree of discrimination. The mean percentage of barbitol-correct responses is 54 percent after barbitol and 30 percent after saline ($p < 0.01$). One rat of the four in this group had a severe response bias toward the saline-correct lever (25 percent barbitol-correct responses during barbitol sessions, 12 percent barbitol-correct responses during saline sessions) which lowered the mean percentage of barbitol correct responses for both barbitol and saline sessions in Fig. 2a. The difference between responding following barbitol and responding after saline was statistically significant ($p < 0.01$) for this animal. However, since this pattern of discriminated responding was atypical, data from this animal were excluded from the dose-effect function (Fig. 2b). Barbitol has an extremely long duration of action in man [5]. Therefore, one might ask whether effects from the first day of barbitol administration are still present when barbitol is given again on the following day. This would result in a cumulative effect of barbitol on the second day of administration and, possibly, a greater percentage of barbitol-correct responses as compared to the first day of barbitol administration. However, these rats responded almost equally on both days; they averaged 54 percent barbitol-correct responses on the first day they received barbitol and 56 percent barbitol-correct responses on the second day.

From the dose effect relationship (Fig. 2b), it is apparent that 80 mg/kg of barbitol produced 71 percent barbitol-correct responses. This degree of discrimination is approximately equivalent to the 68 percent mescaline-correct responses produced by 40 μ mol/kg of mescaline and the 69 percent LSD-correct responses produced by 0.06 μ mol/kg of LSD [6]. The results obtained when these doses of barbitol and mescaline were the two treatments are shown in Fig. 3a. Rapid development of discriminated responding is apparent ($p < 0.01$). Similarly, when barbitol and LSD were paired as discriminative stimuli (Fig. 3b) discriminated responding occurred ($p < 0.01$).

DISCUSSION

The results of the present investigation indicate that the stimulus properties of barbitol are markedly different from the stimulus properties of both mescaline and LSD. Evidence for this conclusion comes from two kinds of experiments. In the first, mescaline and LSD each were paired with saline as discriminative stimuli. After discriminated responding was established these rats were given various doses of barbitol in stimulus generalization tests. Neither the mescaline nor the LSD stimulus generalized to barbitol. In the second kind of experiment, barbitol was paired with mescaline and with LSD as discriminative stimuli. Discriminated responding occurred in both cases. The observation that barbitol produces a stimulus in rats which is different from that of mescaline or LSD is consistent with clinical data. Barbitol, a sedative hypnotic [5], produces perceptual effects in man which are very different from those of the

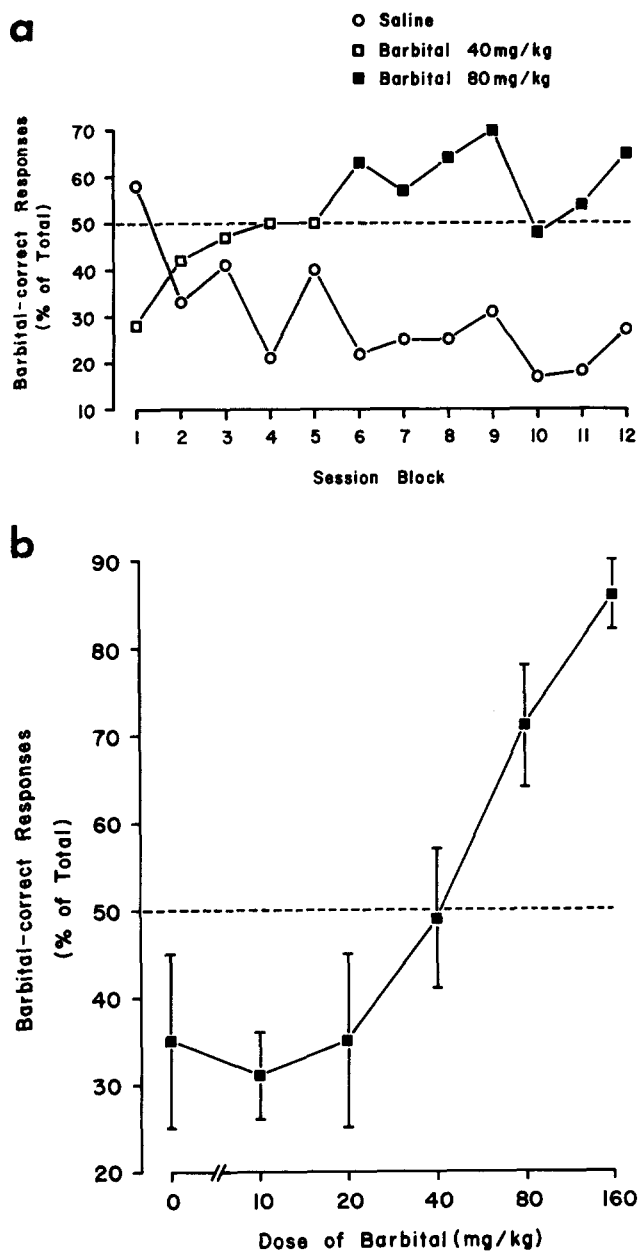


FIG. 2. (a) Discriminated responding following the injection of barbitol or saline. Each point is the mean of 2 determinations in each of 4 animals. On any given day, one-half of the animals were given barbitol and the remainder given saline. Ordinate: number of responses on the barbitol-correct lever expressed as a percentage of total responses. Abscissa: successive blocks of 4 sessions each. (b) Dose-effect curve for discriminated responding after injection of barbitol. Five min test sessions during which no responses were reinforced, were interposed among discrimination training sessions subsequent to those shown in Fig. 1a. Various doses of barbitol were administered in test session. Ordinate: number of responses on the barbitol-correct lever expressed as a percentage of total responses. Abscissa: dose of barbitol in mg/kg plotted on a log scale. Each point represents the mean of 3 determinations in each of 3 animals. Vertical lines indicate \pm S. E. M.

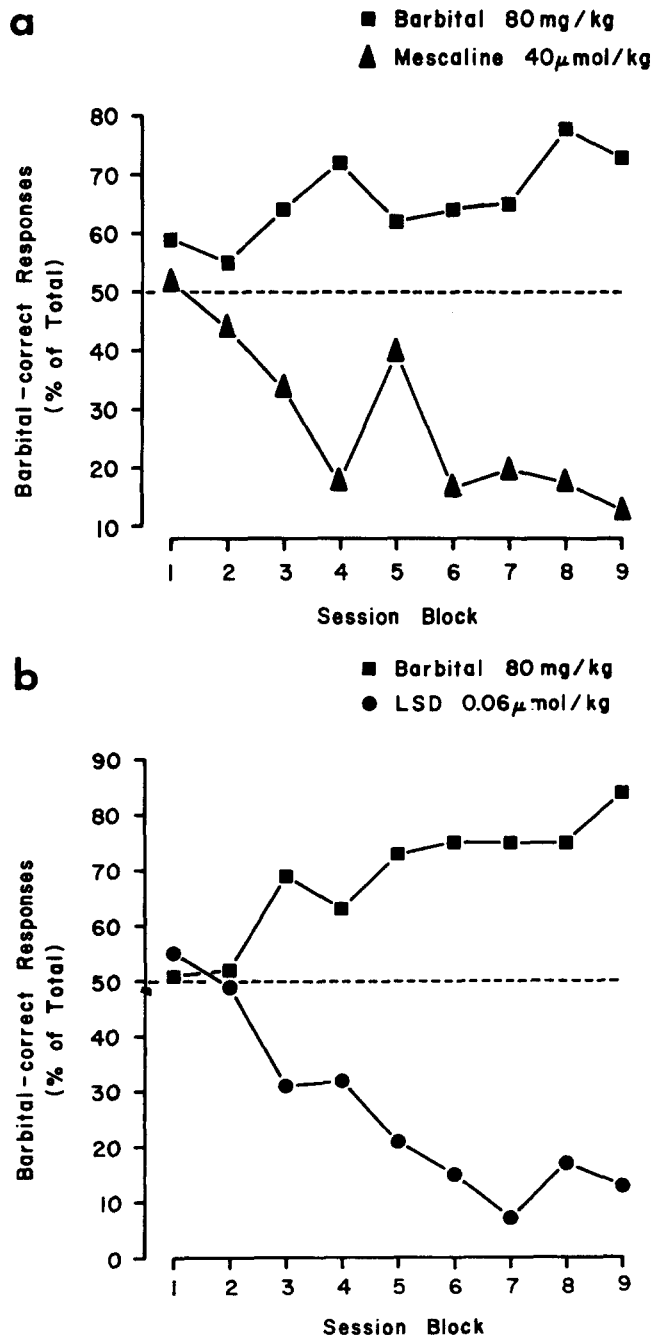


FIG. 3. Discriminated responding following the injection of barbitol and mescaline (a) or barbitol and LSD (b). Each point represents the mean of 2 determinations in each of 4 animals. Ordinate: number of responses on the barbitol-correct lever expressed as a percentage of total responses. Abscissa: successive blocks of 4 sessions each.

hallucinogens, mescaline and LSD. These results extend previous findings [3, 7, 9] which suggest that the degree of similarity or difference of drug stimuli in rats is congruent with the degree of similarity or difference of perceptual drug effects in man. Further investigation of the stimulus properties of drugs as a measure of perceptual drug effects seem warranted.

REFERENCES

1. Conger, J. J. The effects of alcohol on conflict behavior in the albino rat. *Q. J. Stud. Alcohol* 12: 1-29, 1951.
2. Downing, F. E. The chemistry of the psychotomimetic substances. *Quart. Rev.* 16: 133-162, 1961.
3. Frey, L. G. and J. C. Winter. Stimulus properties of mescaline and 3,4-dimethoxyphenylethylamine (DMPEA). *Pharmacologist* 15: 451, 1973.
4. Goldstein, A. *Biostatistics: An Introductory Text*. New York: MacMillan, 1964, p. 62.
5. Goodman, L. S. and A. Gilman. *The Pharmacological Basis of Therapeutics*. New York: MacMillan, 1970.
6. Hirschhorn, I. D. and J. C. Winter. Mescaline and lysergic acid diethylamide (LSD) as discriminative stimuli. *Psychopharmacologia* 22: 64-71, 1971.
7. Kubena, R. K. and H. Barry III. Generalization of alcohol and atropine stimulus characteristics to other drugs. *Psychopharmacologia* 15: 196-206, 1969.
8. Overton, D. A. Dissociated learning in drug states (state-dependent learning). In: *Psychopharmacology, A Review of Progress 1957-1967*, edited by D. H. Efron. Washington: U. S. Govt. Printing Office, 1968, pp. 918-930.
9. Rosecrans, J. A., I. D. Hirschhorn and M. D. Schechter. Drugs as discriminative stimuli: an approach to the study of psychoactive drug mechanisms. In: *Drug Addiction: Vol. III*, edited by J. M. Singh and H. Lal. Mt. Kisco: Futura, in press.
10. Smythies, J. R. and E. A. Sykes. The effect of mescaline upon the conditioned avoidance response in the rat. *Psychopharmacologia* 6: 163-172, 1964.
11. Wilcoxon, F. and R. A. Wilcox. *Some Rapid Approximate Statistical Procedures*. Pearl River, N.Y.: Lederle Laboratories, 1964.
12. Witt, P. N. D-lysergsaure-diethylamide (LSD-25) in spinnentest (LSD in the spider test). *Experientia* 7: 310-311, 1951.